

INFORMATION PACK

(for foreign teams only)

Date: 10th - 12th May 2019.

Venue: Sport hall "Novigrad - Cittanova", Domovinskih žrtava bb, 52466 Novigrad-Cittanova, Croatia

Organisers:

Croatian Institute of Traditional Tae Kwon-Do

Tae Kwon-Do International Croatia

INSTRUCTORS INFORMATION:

All instructors who have competitors taking part in these championships should attend themselves or delegate a senior person who is a competitor or official to assist your students in the event of any problems that may arise with your students, this is usually the children. Also please check that the forms are filled in correctly. This causes a lot of the problems.

Please remind all spectators that they **ARE NOT ALLOWED** onto the competition area.

Failure to adhere to these rules could result in them being asked to leave the tournament venue.

OFFICIALS.

Officials must be Black Belts who have attended at least part 1 of the TAGB-TI umpires course.

Officials must wear the official t-shirt with smart grey or black trousers and sports shoes.

All officials **MUST** register **BEFORE THE TOURNAMENT** by entering their name and qualification on the officials form at the rear of this pack.

This form **MUST** then be submitted to the TAGB-TI along with your competition entries.

Failure to pre-register will result in you being charged an admission fee.

All officials **MUST** bring their BLACK BELT LICENCE BOOK FOR STAMPING TO RECORD THEIR ATTENDANCE.

**** YOU MUST ARRIVE BY 8.30 A.M. OTHERWISE YOU WILL BE ASKED TO PAY TO ENTER****

COMPETITORS

All competitors may only wear standard white TI-TAGB doboks, the most recent national doboks

All sparring competitors may wear forearm protectors in addition to their regulation TI-TAGB sparring equipment.

Entry fees:

30 EUR for 1 event,

50 EUR for 2 event,

60 EUR for 3 event,

65 EUR for 4 events and more,

10 EUR per person for tag team.

Awards:

- unique medals made for European Championships,
- power breaking competition: medal for 1st place,
- pattern competition: medals for 1st, 2nd and 3rd place,
- special techniques (cadets, juniors, seniors): medal for 1st place,
- special techniques (children, youth): medals for 1st, 2nd and 3rd place,
- speed kicking: medals for 1st, 2nd and 3rd place,
- sparring and soft-stick competition medal: for 1st, 2nd and two for 3rd places,
- participation diplomas for all competitors.

Schedule:

Thursday 9th May 18:00-20:00 – registration (at the venue),

Friday 10th May 09:00-20:00 – registration (at the venue),

Saturday 11th May 09:00-20:00 – competitions for children, youth and cadets,

Sunday 12th May 09:00-20:00 – competitions for juniors, seniors and veterans.
After the end of the tournament (on May 12th there will be a party!)

Insurance: Every competitor must have his own medical insurance.

Medical service: Professional medical team and ambulance will be provided by organiser.

Referees: We would appreciate if your team brought an experienced referee. For all the referees we provide full board (that is: breakfast, lunch, dinner and beverages).

Coaches:

Each team will get one free coach ID for every 15 competitors.

Spectators tickets:

10 EUR per one day.
15 EUR per two days.

Registration:

Deadline for applications: 10th April 2019., only on
<http://taekwondo.com.hr/Tournaments/Upcoming>

Patterns:

PATTERN DIVISIONS

Juniors

All junior pattern divisions are as follows.

Yellow	(9 th Kup to 7 th Kup)
Green	(6 th Kup to 5 th Kup)
Blue	(4 th Kup to 3 rd Kup)
Red	(2 nd Kup to 1 st Kup)
Black	(All grades together)

Boys & Girls in separate divisions

Cadets

Cadet pattern divisions are as follows.

Yellow & Green	(9 th Kup to 5 th Kup)
Blue & Red	(4 th Kup to 1 st Kup)
Black	(All Dan Grades together)

Male & female in separate divisions.

Adults

All adults pattern divisions are as follows.

Yellow	(9 th Kup to 7 th Kup)
Green	(6 th Kup to 5 th Kup)
Blue	(4 th Kup to 3 rd Kup)
Red	(2 nd Kup to 1 st Kup)
Black (1)	(1 ST Dan Only)
Black (2+3)	(2 nd & 3 rd Dan)
Black (4+)	(4 th Dan and above)

Male & Female in separate divisions

THERE WILL BE NO SEPARATE EXECUTIVE PATTERN DIVISIONS

Patterns						
All competitors can perform a pattern up to their grade from the list below.						
BLACK (4+)	BLACK (2+3)	BLACK (1)	RED	BLUE	GREEN	YELLOW
Tong Il (4th Dan)	Ko Dang (2nd Dan)	Choong Moo (1 st Dan)	Toi Gye	Yul Gok	Do San	Chon Ji
Ul Ji (4th Dan)	Choong Jang (2nd Dan)	Kwang Gae (1st Dan)	Hwa Rang	Joong Gun	Won Hyo	Dan Gun
Se Jong (4th Dan)	Eui Am (2nd Dan)	Ge Baek (1st Dan)	Choong Moo	Toi Gye	Yul Gok	Do San
Yon Ge (5th Dan)	Sam Il (3rd Dan)	Po Eun (1st Dan)				
Moon Moo (5th Dan)	Yoo Sin (3rd Dan)					
So San (5th Dan)	Choi Yong (3rd Dan)					

Medals awarded 1 x Gold 1 x Silver 1 x Bronze

TEAM PATTERN COMPETITION

DIVISIONS

Juniors – Boys and Girls in same divisions

Three competitors in a team.

Split as follows:-

9th kup to 7th kup

6th kup to 4th kup

3rd kup to 1st kup

All Dan Grades

Adults – Males and Females in same division

Three competitors in a team

Split as per junior divisions

RULES OF THE COMPETITION

Each team to perform a pattern unison.

Pattern to be scored in the same way as in individual pattern events.

The pattern to be relevant to the most junior grade in the team.

(eg A team with a 9th Kup in can only perform Chon Ji and a team with a 3rd kup in can perform any pattern up to and including Toi Gye)

Scoring to be based on the following:-

1. The correctness of the pattern moves.
2. Power, balance, focus, fluidity etc. As per individual pattern competition.
3. Synchronisation of all members when performing the pattern.

Cost £5.00 per competitor. Same as TI team event. t.

ENTRY ON THE DAY AT THE TAG TEAM DESK

SPARRING DIVISIONS

Junior Sparring Divisions (Boys & Girls Separate Divisions)				
BLACK Continuous	RED Point Stop	BLUE Point Stop	GREEN Point Stop	YELLOW Point Stop
			TINY TOTS Up to & inc 122cm	TINY TOTS Up to & inc 122cm
PEE WEE Over 122cm up to & inc 137cm	PEE WEE Over 122cm up to & inc 137cm	PEE WEE Over 122cm up to & inc 137cm	PEE WEE Over 122cm up to & inc 137cm	PEE WEE Over 122cm up to & inc 137cm
LIGHTWEIGHT Over 137cm up to & inc 152cm	LIGHTWEIGHT Over 137cm up to & inc 152cm	LIGHTWEIGHT Over 137cm up to & inc 152cm	LIGHTWEIGHT Over 137cm up to & inc 152cm	LIGHTWEIGHT Over 137cm up to & inc 152cm
MIDDLEWEIGHT Over 152cm up to & inc 168cm	MIDDLEWEIGHT Over 152cm up to & inc 168cm	MIDDLEWEIGHT Over 152cm up to & inc 168cm	MIDDLEWEIGHT Over 152cm up to & inc 168cm	MIDDLEWEIGHT Over 152cm up to & inc 168cm
HEAVYWEIGHT Over 168cm	HEAVYWEIGHT Over 168cm	HEAVYWEIGHT Over 168cm	HEAVYWEIGHT Over 168cm	HEAVYWEIGHT Over 168cm

All the above divisions 1 x 1.5 minute rounds. Medals awarded 1 x Gold 1 x Silver 2 x Bronze

Cadet Female Sparring Divisions				
BLACK Continuous	RED & Continuous	BLUE Continuous	GREEN & Point Stop	YELLOW Point Stop
LIGHTWEIGHT Up to & inc 50kg	LIGHTWEIGHT Up to & inc 50kg		LIGHTWEIGHT Up to & inc 50kg	
MIDDLEWEIGHT Over 50kg up to & inc 55kg	MIDDLEWEIGHT Over 50kg up to & inc 55kg		MIDDLEWEIGHT Over 50kg up to & inc 55kg	
HEAVYWEIGHT Over 55kg	HEAVYWEIGHT Over 55kg		HEAVYWEIGHT Over 55kg	

All the above divisions 1 x 1.5 minute rounds. Medals awarded 1 x Gold 1 x Silver 2 x Bronze

Cadet Male Sparring Divisions				
BLACK Continuous	RED & Continuous	BLUE Continuous	GREEN & Point Stop	YELLOW Point Stop
LIGHTWEIGHT Up to & inc 55kg	LIGHTWEIGHT Up to & inc 55kg		LIGHTWEIGHT Up to & inc 55kg	
MIDDLEWEIGHT Over 55kg up to & inc 65kg	MIDDLEWEIGHT Over 55kg up to & inc 65kg		MIDDLEWEIGHT Over 55kg up to & inc 65kg	
LIGHT HEAVY Over 65kg up to & inc 75kg	LIGHT HEAVY Over 65kg up to & inc 75kg		LIGHT HEAVY Over 65kg up to & inc 75kg	
HEAVYWEIGHT Over 75kg	HEAVYWEIGHT Over 75kg		HEAVYWEIGHT Over 75kg	

All the above divisions 1 x 2 minute rounds.

Medals awarded 1 x Gold 1xSilver 2xBronze

Adult Female Sparring Divisions				
BLACK Continuous	RED Continuous	BLUE Continuous	GREEN Point Stop	YELLOW Point Stop
LIGHTWEIGHT Up to & inc 55kg	LIGHTWEIGHT Up to & inc 55kg	LIGHTWEIGHT Up to & inc 55kg	LIGHTWEIGHT Up to & inc 55kg	LIGHTWEIGHT Up to & inc 55kg
MIDDLEWEIGHT Over 55kg up to & inc 61kg	MIDDLEWEIGHT Over 55kg up to & inc 61kg	MIDDLEWEIGHT Over 55kg up to & inc 61kg	MIDDLEWEIGHT Over 55kg up to & inc 61kg	MIDDLEWEIGHT Over 55kg up to & inc 61kg
LIGHT HEAVY Over 61kg up to & inc 67kg	LIGHT HEAVY Over 61kg up to & inc 67kg	LIGHTHEAVY Over 61kg up to & inc 67kg	LIGHT HEAVY Over 61kg up to & inc 67kg	LIGHT HEAVY Over 61kg up to & inc 67kg
HEAVYWEIGHT Over 67kg	HEAVYWEIGHT Over 67kg	HEAVYWEIGHT Over 67kg	HEAVYWEIGHT Over 67kg	HEAVYWEIGHT Over 67kg

All the above divisions 1 x 2 minute rounds.

Medals awarded 1 x Gold 1 x Silver 2 x Bronze

Black Belt Final 2 x 2 minute rounds.

Adult Male Sparring Divisions				
BLACK Continuous	RED Continuous	BLUE Continuous	GREEN Point Stop	YELLOW Point Stop
FLYWEIGHT Up to & inc 58kg	LIGHTWEIGHT Up to & inc 64kg	LIGHTWEIGHT Up to & inc 64kg	LIGHTWEIGHT Up to & inc 64kg	LIGHTWEIGHT Up to & inc 64kg
LIGHTWEIGHT Over 58kg up to & inc 64kg	WELTERWEIGHT Over 64kg up to & inc 72kg	WELTERWEIGHT Over 64kg up to & inc 72kg	WELTERWEIGHT Over 64kg up to & inc 72kg	WELTERWEIGHT Over 64kg up to & inc 72kg
WELTERWEIGHT Over 64kg up to & inc 70kg	MIDDLEWEIGHT Over 72kg up to & inc 80kg	MIDDLEWEIGHT Over 72kg up to & inc 80kg	MIDDLEWEIGHT Over 72kg up to & inc 80kg	MIDDLEWEIGHT Over 72kg up to & inc 80kg
MIDDLEWEIGHT Over 70kg up to & inc 76kg	HEAVYWEIGHT Over 80kg	HEAVYWEIGHT Over 80kg	HEAVYWEIGHT Over 80kg	HEAVYWEIGHT Over 80kg
LIGHT HEAVY Over 76kg up to & inc 82kg				
HEAVYWEIGHT Over 82kg				

All the above divisions 1 x 2 minute rounds.

Medals awarded 1 x Gold 1 x Silver 2 x Bronze

Black Belt Final 2 x 2 minute rounds.

Executive Female Sparring Divisions				
BLACK Point Stop	RED & Point Stop	BLUE Point Stop	GREEN & Point Stop	YELLOW Point Stop
Light: Up to & inc 55kg	Light: Up to & inc 55kg		Light: Up to & inc 55kg	
Middle: Over 55kg up to & inc 62kg	Middle: Over 55kg up to & inc 62kg		Middle: Over 55kg up to & inc 62kg	
Heavy : Over 62kg	Heavy : Over 62kg		Heavy : Over 62kg	

All the above divisions 1 x 2 minute rounds.

Medals awarded 1 x Gold 1 x Silver 2 x Bronze

Executive Male Sparring Divisions				
BLACK Point Stop	RED & Point Stop	BLUE Point Stop	GREEN & Point Stop	YELLOW Point Stop
Light: Up to & inc 70kg	Light: Up to & inc 70kg		Light: Up to & inc 70kg	
Middle: Over 70kg up to & inc 80kg	Middle: Over 70kg up to & inc 80kg		Middle: Over 70kg up to & inc 80kg	
Heavy: Over 80kg	Heavy: Over 80kg		Heavy: Over 80kg	

All the above divisions 1 x 2 minute rounds.

Medals awarded 1 x Gold 1 x Silver 2 x Bronze

DESTRUCTION (BLACK BELTS ONLY)

Destruction (Black Belts Only)			
MALE HAND	MALE FOOT	FEMALE HAND	FEMALE FOOT
Forefist Punch Or Knifehand Stike	Turning Kick Or Reverse Turning Kick	Any hand technique (Including elbow)	Any foot technique (Standing only)

Medals awarded 1 x Gold Foot destruction

1 x Gold Hand destruction

RULES OF TI TEAM SPARRING

ALL TEAM EVENTS TO START AFTER THE INDIVIDUAL COMPETITION.

Teams will consist of a 3 person team; bouts will be for 4 minutes. Each time the bout is stopped you can change with a member of your team by tagging your team members glove. All 3 members must fight at some stage during the bout. All team matches will be point stop.

The same 3 fighters must compete for the duration of event.

Teams who do not have 3 fighters will not be allowed to continue in the competition.

No substitutions due to injury or disqualification.

TI TEAM SPARRING DIVISIONS

MALE:

3 person team.	White/Yellow/Green belts together.	No weights.
3 person team.	Blue/red belts together.	No weights
3 person team.	Black belts.	No weights.

FEMALE:

3 person team.	White/Yellow/green belts together.	No weights.
3 person team.	Blue/red belts together.	No weights.
3 person team.	Black belts.	No weights.

JUNIOR'S

3-person team.	White/Yellow/Green belts together.	Must all be from the same division.
3 person team:	Blue/Red belts together.	Must all be from the same division.
3 person team:	Black belts.	Must all be from the same division.

* There will be four junior divisions

1. Pee wee.
2. Lightweight.
3. Middleweight.
4. Heavyweight.

* Boys and Girls separate teams

** There are no team events for Executive Male & Executive Female or Cadet Male & Cadet Female.

All junior teams are under 16 years old

All senior teams are 16years and over

Events:

Traditional patterns: only ITF tuls; point system – the competitor performs one pattern chosen from all available in his category.

Open patterns: all non-ITF patterns including WTF, GTF, karate and all „hard” styles without any weapon; point system – the competitor performs one chosen pattern.

Speed kicking: For children ap chagi (front upper kick) kicked to a vertical pad at middle section alternately by right and left leg for 15 seconds. For youth dollyo chagi (turning kick) kicked to a pad at middle section by each leg for 15 seconds. The leg must touch the ground in-between the kicks.

Soft-stick sparring: pointfighting sparring using 60-centimeters-long foam stick. One can get 1 point by hitting with the stick any part of opponents body except hands and arm or 2 points by hitting the head. Two warnings make one point for the opponent; no warning limit. A difference of 10 points equals to a technical knockout. In youth division one can participate either in touch-contact sparring or in soft-stick sparring.

Touch-contact and point-stop sparring: pointfighting system. The referee stops the fight after every score or foul to give a point or a warning. In youth division one can participate either in touch-contact sparring or in soft-stick sparring.

Continuous sparring: light-contact sparring. The referee stops the fight only if there's a foul or injury.

Team sparring: light-contact sparring for national black-belt teams. There can be maximum two men's and two ladies' teams from one country. Ladies: 3 competitors each one from different weight category. Men: 5 competitors each one from different weight category.

Power breaking (destruction): breaking as much plastic boards as possible by pre-defined hand or leg technique. In each round a competitor has two attempts to break the boards. In case of a draw, the lightest competitor wins.

Special technique: twimyo nopi ap chagi (high jumping front kick) – a jumping kick onto a pad. One must kick the pad by the bottom of one foot (ap kumchi).

Group divisions (based on year of birth) and categories:

CHILDREN born in 2013-2010		
Patterns (age divisions, possible grade divisions too if there are many competitors) One can perform any ITF pattern.	Girls	Born in 2013
		Born in 2012
		Born in 2011
		Born in 2010
	Boys	Born in 2013
		Born in 2012
		Born in 2011
		Born in 2010
Open patterns (all non-ITF patterns)	Girls and boys separate category	
	Girls	Born in 2013
		Born in 2012
		Born in 2011
		Born in 2010
	Boys	Born in 2013
Born in 2012		
Speed kicking (age divisions, possible grade divisions too if there are many competitors)	Girls	Born in 2013
		Born in 2012
		Born in 2011
		Born in 2010

Technique: ap chagi Duration: 15s.	Boys	Born in 2013
		Born in 2012
		Born in 2011
		Born in 2010
Soft-stick sparring (age divisions, possible grade divisions too if there are many competitors) Bout: 1 round 1min 30s extra time 45s	Girls	Born in 2013
		Born in 2012
		Born in 2011
		Born in 2010
	Boys	Born in 2013
		Born in 2012
		Born in 2011
		Born in 2010
Special technique (age divisions, possible grade divisions too if there are many competitors) Technique: twimyo nopi apcha bushigi	Girls	Born in 2013
		Born in 2012
		Born in 2011
		Born in 2010
	Boys	Born in 2013
		Born in 2012
		Born in 2011
		Born in 2010
YOUTH born in 2009-2007		
Patterns (belt divisions)	Girls	White and yellow (Chon-ji – Do-san)
		Green and blue (Won-hyo – Toi-gye)
		Red and black (Hwa-rang and above)
	Boys	White and yellow (Chon-ji – Do-san)
		Green and blue (Won-hyo – Toi-gye)
		Red and black (Hwa-rang and above)
Open patterns (all non-ITF patterns)	Girls	White and yellow (Chon-ji – Do-san)
		Green and blue (Won-hyo – Toi-gye)
		Red and black (Hwa-rang and above)
	Boys	White and yellow (Chon-ji – Do-san)
		Green and blue (Won-hyo – Toi-gye)
		Red and black (Hwa-rang and above)
Speed kicking dollyo chagi (height divisions). Duration: 15s per leg.	Girls	-135 cm
		-145 cm
		-155 cm
		+155 cm
	Boys	-135 cm
		-140 cm
		-145 cm
		-150 cm
		-155 cm
		+155 cm
Touch-contact sparring (height divisions).	Girls	-135 cm
		-145 cm

Bout: 1 round 1min 30s, extra time 45 s.		-155 cm
		+155 cm
	Boys	-135 cm
		-140 cm
		-145 cm
		-150 cm
		-155 cm
	+155 cm	
Soft-stick sparring (height divisions) Bout: 1 round 1min 30s, extra time 45s.	Girls	-145 cm
		+145 cm
	Boys	-135 cm
		-145 cm
		-155 cm
		+155 cm
	Special technique (height divisions) Technique: twimyo nopi apcha bushigi	Girls
-145 cm		
-155 cm		
+155 cm		
Boys		-135 cm
		-140 cm
		-145 cm
		-150 cm
		-155 cm
		+155 cm
CADETS born in 2006-2004		
Patterns (belt divisions)	Girls	White and yellow (Chon-ji – Do-san)
		Green and blue (Won-hyo – Toi-gye)
		Red and black (Hwa-rang and above)
	Boys	White and yellow (Chon-ji – Do-san)
		Green and blue (Won-hyo – Toi-gye)
		Red and black (Hwa-rang and above)
Open patterns (all non-ITF patterns)	Girls	White and yellow (Chon-ji – Do-san)
		Green and blue (Won-hyo – Toi-gye)
		Red and black (Hwa-rang and above)
	Boys	White and yellow (Chon-ji – Do-san)
		Green and blue (Won-hyo – Toi-gye)
		Red and black (Hwa-rang and above)
Point-stop sparring (height divisions) Bouts: 2 rounds, 1min 30s each, 30s break, 45s extra time.	Girls	-145 cm
		-155 cm
		-165 cm
		+165 cm
	Boys	-145 cm
		-155 cm
		-165 cm
		-175 cm

		+175 cm	
Continuous sparring (weight divisions). Bouts: 2 rounds, 1 min 30 s each, 30 s break, 45 s extra time.	Girls	-43 kg	
		-50 kg	
		-57 kg	
		+57 kg	
	Boys	-42 kg	
		-48 kg	
		-54 kg	
Special technique (height divisions) Technique: twimyo nopi apcha bushigi	Girls	-155 cm	
		+155 cm	
	Boys	-165 cm	
		+165 cm	
	JUNIORS born in 2003-2001		
	Patterns (belt divisions)	Girls	Yellow and green (from Dan-dun to Yul-gok)
Blue and red (from Joon-gun to Choong-moo)			
Black (Kwan-gae or above)			
Boys		Yellow and green (from Dan-dun to Yul-gok)	
		Blue and red (from Joon-gun to Choong-moo)	
		Black (Kwan-gae or above)	
Open patterns (all non-ITF patterns)	Girls and boys separate		
Piont-stop sparring (height divisions). Bouts: 2 rounds, 1min 30s each, 30s break, 45s extra time.	Girls	-160 cm	
		-165 cm	
		-170 cm	
		+170 cm	
	Boys	-165 cm	
		-175 cm	
		-180 cm	
		-185 cm	
		+185 cm	
Continuous sparring (weight divisions). Bouts: 2 rounds, 1min 30s each, 30s break, 45s extra time.	Girls	-50 kg	
		-57 kg	
		-64 kg	
		+64 kg	
	Boys	-54 kg	
		-60 kg	
		-66 kg	
		-72 kg	

		-78 kg
		+78 kg
Special technique (no divisions) Technique: twimyo nopi apcha bushigi	Girls	- 165 cm
		+165 cm
	Boys	- 180 cm
		+180 cm
SENIORS born in 2000 and older		
Patterns (belt divisions)	Ladies	Yellow and green (from Dan-dun to Yul-gok)
		Blue and red (from Joon-gun to Choong-moo)
		1st Dan (from Kwan-gae to Ge-baek)
		2nd and 3rd Dan (from Eui-am to Choi-yong)
		4th and above (from Yon Gae to Tong-il)
	Men	Yellow and green (from Dan-dun to Yul-gok)
		Blue and red (from Joon-gun to Choong-moo)
		1st Dan (all for 1st Dan)
		2nd and 3rd Dan (all for 2nd and 3rd)
		4th and above (all for 4th, 5th and 6th dan)
Open patterns (all non-ITF patterns)	Ladies and men together	One division
Point-stop sparring (height divisions for coloured belt and weight divisions for black belts) Bouts (coloured belts): 2 rounds, 1min 30s each, 30s break, 45s extra time. Bouts (black belts): 2 rounds, 2min each, 1min break, 1min extra time.	Ladies (coloured belts)	-160 cm
		-165 cm
		-170 cm
		+170 cm
	Ladies (black belts)	-55 kg
		-61 kg
		-67 kg
		-73 kg
		-79 kg
	Men (coloured belts)	+79 kg
		-170 cm
		-175 cm
		-180 cm
		-185 cm
	Men (black belts)	+185 cm
		-58 kg
		-64 kg
		-70 kg
		-76 kg
		-82 kg
		-90 kg
		+90 kg

Continuous sparring (weight divisions) Bouts (coloured belts): 2Bouts: 2 rounds, 1min 30s each, 30s break, 45s extra time. Bouts (black belts): 2 rounds, 2min each, 1min break, 1min extra time.	Ladies (coloured belts)	-50 kg
		-57 kg
		-64 kg
		+64 kg
	Ladies (black belts)	-55 kg
		-61 kg
		-67 kg
		-73 kg
		-79 kg
	Men (coloured belts)	+79 kg
		-60 kg
		-66 kg
		-72 kg
		-78 kg
	Men (black belts)	-84 kg
		+84 kg
		-58 kg
		-64 kg
		-70 kg
	Ladies (black belts)	-76 kg
-82 kg		
-90 kg		
+90 kg		
Power breaking (one division)	Ladies (black belts)	Sonkal yop taerigi (knife hand strike)
		Ap palkup taerigi (elbow strike)
		Yop chagi (Side kick)
		Bandae dollyo chagi (Reverse turning kick)
	Men (black belts)	Ap joomuk jirugi (Forefist punch)
		Sonkal dung taerigi (Reverse knife hand strike)
		Yop chagi (Side kick)
		Bandae dollyo chagi (Reverse turning kick)
	Veterans	Ap joomuk jirugi (Forefist punch)
		Sonkal dung taerigi (Reverse knife hand strike)
		Yop chagi (Side kick)
		Bandae dollyo chagi (Reverse turning kick)
Special technique (height divisions) Technique: twimyo nopi apcha bushigi	Ladies	Coloured belts (one division)
		Black belts (one division)
	Men	Coloured belts (one division)
		Black belts (one division)
Team sparring (national teams, 16 y.o.+) Bouts (for each pair): 2 rounds 2 min, 1min break.	Ladies - 3 competitors (black belts)	-61 kg, -73 kg, +73 kg
	Men - 5 competitors (black belts)	-64 kg, -70 kg, -76kg, -82 kg, +82 kg
VETERANS (MEN 40 YEARS and OLDER, LADIES 35 YEARS and OLDER)		

Point-stop sparring. Bouts: 2 rounds, 1 min 30s each, 30s break, 45s extra time.	Ladies	-165 cm
		+165 cm
	Men	-180 cm
		+180 cm

Condition of participation:

- white dobok or national dobok – taekwon-do uniform (competitors dressed in T-shirts or other martial arts uniforms will be disqualified),
- sending an official application by the 10th of April. 2019.,
- entry fee paid at registration,
- signed participation waiver,
- parent's permission for minors,
- medical insurance,
- minimal grade for juniors and seniors - 8th cup.

Official Accommodation:

Aminess Maestral Hotel

Aminess Laguna Hotel

Aminess Maravea Camping Resort

For more informatio please contact: dominik.marjanovic@btravel.pro

Dalibor.Bilic@btravel.pro

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Transport:

<https://www.coloursofistria.com/en/destinations/novigrad>

You can reach the destinations in the Umag-Novigrad region by bus lines from the north, from Koper (Slovenia) as well as from the east, from Rijeka and Zagreb.

Umag, Novigrad, Brtonigla and Buje are connected by regular bus lines with other Istrian cities.

By car

If you decide to visit us by car and you are coming from the north, Ljubljana – Kopar direction, you will pass the border at Kaštel-Dragonja or Plovanija-Sečovlje and enter the Novigrad region.

If you are coming from the east, by Croatian highways from Zagreb or Split, take the road towards Rijeka. After you pass the Učka tunnel, drive towards Buzet and in approximately half an hour you will reach Buje, after which follow other destinations of the north-western Istria – Brtonigla, Umag and Novigrad.

If you start your trip from the south, from Pula, through Vodnjan, Bale, Sv. Lovreč and Poreč, you will reach the first destination in the region – the Novigrad. Istarski ipsilon road connects the entire Istrian peninsula, so if you enter it in Pula or any other city in Istria, follow the direction for Umag.

For all information to transfer, please contact BTRAVEL-Official partner to European Tae Kwon Do International Championship 2019 on e-mail:

-sport@btravel.pro,

-Dominik.Marjanovic@btravel.pro,

-Dalibor.Bilic@btravel.pro

By plane

Choose the flight to the nearest airport to come to Istria: Pula, Trieste, Venice, Zagreb...

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-sport@btravel.pro,

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Airport luka Rijeka-Krk-Omišalj Hamec 1. 51513 OMIŠALJ T. +385 51 842 040 www.rijeka-airport.hr	Airport Pula Valtursko polje 210 T. +385 52 530 105 F. +385 52 550 914 www.airport-pula.hr
Airport Brnik-Ljubljana (Slovenia) T. +386 4 2061 000 F. +385 4 2021 220 www.lju-airport.si	Airport Ronchi dei Legionari – Trieste (Italy) T. +39 0481 773 224 F. +39 0481 474 150 www.aeroporto.fvg.it
Airport Pleso-Zagreb Pleso bb T. +385 1 456 22 22 F. +385 1 62 65 222 www.zagreb-airport.hr	Airport Marco Polo-Venecija (Italy) T. +39 041 260 6111 F. +39 041 260 6260 www.veniceairport.it

By bus

You can reach the destinations in the Umag-Novigrad region by bus lines from the north, from Koper (Slovenia) as well as from the east, from Rijeka and Zagreb. Umag, Novigrad, Brtonigla and Buje are connected by regular bus lines with other Istrian cities.

Bus Station Umag Joakima Rakovca 11 T. +385 060 381 381	Bus Station Pula Trg 1. istarske brigade 1 T. +385 060 304 090 T. +385 060 304 091
Bus Station Novigrad Ulica Murvi 15 T. +385 52 757 660	Bus Station Koper (Slovenija) Kolodvorska cesta 11 T. +386 5 662 5105
Bus Station Zagreb T. +060 313 333 T. +385 1 61 12 789 (for calls outside Croatia) www.autobusni-kolodvor.com	Bus Station Ljubljana (Slovenija) Trg OF 4 T. + 386 1 23 44 600 F. + 386 1 23 44 601 www.ap-ljubljana.si
Bus Station Rijeka Žabica 1 T. +385 060 302 010 F. +385 51 332 532 www.autotrans.hr	Bus Station Trst (Italija) Via Tacco T. +39 040 425 020 www.autostazionetrieste.it

At Getbybus.com and Busradar.com you can find intercity bus connections in various European countries, as well as international bus connections between European countries.

Board:

There will be a restaurants at the venue during championships.

For more details visit: <https://www.facebook.com/events/1741198719227628/>

Tomislav Đaković 6th Dan

Zvonko Kar 5th Dan

Ines Samardžić 3rd Dan

